

SCHEDULE - ALL DAYS

Sun, 11 Jan 2026

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
001	Taitama - W12 250	Heat	1 / 6	11:00 am	
002	Taitamāhine - W6 250	Heat	1 / 6	11:10 am	
003	Taitama - W12 250	Heat	2 / 6	11:20 am	
004	Taitamāhine - W6 250	Heat	2 / 6	11:30 am	
005	Taitama - W12 250	Heat	3 / 6	11:40 am	
006	Taitamāhine - W6 250	Heat	3 / 6	11:50 am	
007	Taitama - W12 250	Heat	4 / 6	12:00 pm	
008	Taitamāhine - W6 250	Heat	4 / 6	12:10 pm	
009	Taitama - W12 250	Heat	5 / 6	12:20 pm	
010	Taitamāhine - W6 250	Heat	5 / 6	12:30 pm	
011	Taitama - W12 250	Heat	6 / 6	12:40 pm	See Race 024
012	Taitamāhine - W6 250	Heat	6 / 6	12:50 pm	See Race 023
013	Taitama - W6 250	Heat	1 / 7	1:00 pm	
014	Taitama - W6 250	Heat	2 / 7	1:10 pm	
015	Taitamāhine - W12 250	Heat	1 / 3	1:20 pm	
016	Taitama - W6 250	Heat	3 / 7	1:30 pm	
017	Taitamāhine - W12 250	Heat	2 / 3	1:40 pm	
018	Taitama - W6 250	Heat	4 / 7	1:50 pm	
019	Taitamāhine - W12 250	Heat	3 / 3	2:00 pm	See Race 078
020	Taitama - W6 250	Heat	5 / 7	2:10 pm	
021	Taitama - W6 250	Heat	6 / 7	2:20 pm	
022	Taitama - W6 250	Heat	7 / 7	2:30 pm	See Race 035
023	Taitamāhine - W6 250	Te Kei Semi	1 / 2	2:40 pm	
024	Taitama - W12 250	Plate Semi	1 / 2	2:50 pm	
025	Taitamāhine - W6 250	Te Kei Semi	2 / 2	3:00 pm	See Race 027
026	Taitama - W12 250	Plate Semi	2 / 2	3:10 pm	See Race 028
027	Taitamāhine - W6 250	Te Takere Semi	1 / 2	3:20 pm	
028	Taitama - W12 250	Cup Semi	1 / 2	3:30 pm	
029	Taitamāhine - W6 250	Te Takere Semi	2 / 2	3:40 pm	See Race 031
030	Taitama - W12 250	Cup Semi	2 / 2	3:50 pm	See Race 032
031	Taitamāhine - W6 250	Te Ihu Semi	1 / 2	4:00 pm	
032	Taitama - W12 250	Champ Semi	1 / 2	4:10 pm	
033	Taitamāhine - W6 250	Te Ihu Semi	2 / 2	4:20 pm	See Race 089
034	Taitama - W12 250	Champ Semi	2 / 2	4:30 pm	See Race 083
035	Taitama - W6 250	Te Kei Semi	1 / 3	4:40 pm	
036	Taitama - W6 250	Te Kei Semi	2 / 3	4:50 pm	
037	Taitama - W6 250	Te Kei Semi	3 / 3	5:00 pm	See Race 054

SCHEDULE - ALL DAYS

Mon, 12 Jan 2026

RACE	EVENT	ROUND	EST. START	PROGRESSIONS
038	Int Men - W12 500	Heat	1 / 4	7:30 am
039	J16 Women - W6 500	Heat	1 / 6	7:37 am
040	J16 Women - W6 500	Heat	2 / 6	7:43 am
041	Int Men - W12 500	Heat	2 / 4	7:49 am
042	J16 Women - W6 500	Heat	3 / 6	7:56 am
043	J16 Women - W6 500	Heat	4 / 6	8:02 am
044	Int Men - W12 500	Heat	3 / 4	8:08 am
045	J16 Women - W6 500	Heat	5 / 6	8:15 am
046	J16 Women - W6 500	Heat	6 / 6	8:21 am See Race 085
047	Int Men - W12 500	Heat	4 / 4	8:27 am See Race 117
048	J16 Men - W6 500	Heat	1 / 4	8:34 am
049	J16 Men - W6 500	Heat	2 / 4	8:40 am
050	Int Women - W12 500	Heat	1 / 4	8:46 am
051	J16 Men - W6 500	Heat	3 / 4	8:53 am
052	J16 Men - W6 500	Heat	4 / 4	8:59 am See Race 088
053	Int Women - W12 500	Heat	2 / 4	9:05 am
054	Taitama - W6 250	Te Takere Semi	1 / 2	9:12 am
055	Taitama - W6 250	Te Takere Semi	2 / 2	9:22 am See Race 057
056	Int Women - W12 500	Heat	3 / 4	9:32 am
057	Taitama - W6 250	Te Ihu Semi	1 / 2	9:39 am
058	Taitama - W6 250	Te Ihu Semi	2 / 2	9:49 am See Race 097
059	Int Women - W12 500	Heat	4 / 4	9:59 am See Race 111
060	Int Men - W6 500	Heat	1 / 9	10:06 am
061	Int Men - W6 500	Heat	2 / 9	10:13 am
062	J16 Women - W12 500	Heat	1 / 4	10:20 am
063	Int Men - W6 500	Heat	3 / 9	10:26 am
064	Int Men - W6 500	Heat	4 / 9	10:33 am
065	J16 Women - W12 500	Heat	2 / 4	10:40 am
066	Int Men - W6 500	Heat	5 / 9	10:46 am
067	Int Men - W6 500	Heat	6 / 9	10:53 am
068	J16 Women - W12 500	Heat	3 / 4	11:00 am
069	Int Men - W6 500	Heat	7 / 9	11:06 am
070	Int Men - W6 500	Heat	8 / 9	11:13 am
071	J16 Women - W12 500	Heat	4 / 4	11:20 am See Race 093
072	Int Men - W6 500	Heat	9 / 9	11:26 am See Race 094
073	Int Women - W6 500	Heat	1 / 9	11:33 am
074	Int Women - W6 500	Heat	2 / 9	11:40 am
075	Int Women - W6 500	Heat	3 / 9	11:47 am
076	Int Women - W6 500	Heat	4 / 9	11:54 am
077	Int Women - W6 500	Heat	5 / 9	12:01 pm
078	Taitamāhine - W12 250	Champ Semi	1 / 2	12:08 pm
079	Int Women - W6 500	Heat	6 / 9	12:18 pm
080	Int Women - W6 500	Heat	7 / 9	12:25 pm
081	Taitamāhine - W12 250	Champ Semi	2 / 2	12:32 pm See Race 098

SCHEDULE - ALL DAYS

Mon, 12 Jan 2026

RACE	EVENT	ROUND	EST. START	PROGRESSIONS
082	Int Women - W6 500	Heat	8 / 9	12:42 pm
083	Taitama - W12 250	Plate Final		12:49 pm
084	Int Women - W6 500	Heat	9 / 9	12:59 pm
085	J16 Women - W6 500	Semi	1 / 2	1:06 pm
086	Taitama - W12 250	Cup Final		1:12 pm
087	J16 Women - W6 500	Semi	2 / 2	1:22 pm
088	J16 Men - W6 500	Semi	1 / 2	1:28 pm
089	Taitamāhine - W6 250	Te Kei Final		1:34 pm
090	Taitamāhine - W6 250	Te Takere Final		1:44 pm
091	Taitamāhine - W6 250	Te Ihu Final		1:54 pm
092	J16 Men - W6 500	Semi	2 / 2	2:04 pm
093	J16 Women - W12 500	Semi	1 / 2	2:10 pm
094	Int Men - W6 500	Semi	1 / 2	2:16 pm
095	Int Men - W6 500	Semi	2 / 2	2:23 pm
096	J16 Women - W12 500	Semi	2 / 2	2:30 pm
097	Taitama - W6 250	Te Kei Final		2:36 pm
098	Taitamāhine - W12 250	Cup Final		2:46 pm
099	Taitama - W6 250	Te Takere Final		2:56 pm
100	Taitama - W6 250	Te Ihu Final		3:06 pm
101	Taitamāhine - W12 250	Champ Final		3:16 pm
102	Int Women - W6 500	Semi	1 / 2	3:26 pm
103	Int Women - W6 500	Semi	2 / 2	3:33 pm
104	Taitama - W12 250	Champ Final		3:40 pm
	Prizegiving			

**SCHEDULE - ALL DAYS****Tue, 13 Jan 2026**

RACE	EVENT	ROUND	EST. START	PROGRESSIONS
105	J16 Men - W6 500	Final	7:30 am	
106	J16 Women - W6 500	Final	7:36 am	
107	Int Men - W6 500	Final	7:42 am	
108	Int Women - W6 500	Final	7:49 am	
109	J16 Women - W6 1000	Heat	1 / 9	7:56 am
110	J16 Women - W6 1000	Heat	2 / 9	8:05 am
111	Int Women - W12 500	Semi	1 / 2	8:14 am
112	J16 Women - W6 1000	Heat	3 / 9	8:21 am
113	J16 Women - W6 1000	Heat	4 / 9	8:30 am
114	Int Women - W12 500	Semi	2 / 2	8:39 am See Race 125
115	J16 Women - W6 1000	Heat	5 / 9	8:46 am
116	J16 Women - W6 1000	Heat	6 / 9	8:55 am
117	Int Men - W12 500	Semi	1 / 2	9:04 am
118	J16 Women - W6 1000	Heat	7 / 9	9:11 am
119	J16 Women - W6 1000	Heat	8 / 9	9:20 am
120	Int Men - W12 500	Semi	2 / 2	9:29 am See Race 133
121	J16 Women - W6 1000	Heat	9 / 9	9:36 am See Race 152
122	J16 Men - W6 1000	Heat	1 / 6	9:45 am
123	J16 Men - W6 1000	Heat	2 / 6	9:54 am
124	J16 Men - W6 1000	Heat	3 / 6	10:03 am
125	Int Women - W12 500	Final		10:12 am
126	J16 Men - W6 1000	Heat	4 / 6	10:19 am
127	J16 Men - W6 1000	Heat	5 / 6	10:28 am
128	J16 Men - W6 1000	Heat	6 / 6	10:37 am See Race 154
129	J16 Women - W12 500	Final		10:46 am
130	Int Women - W6 500 (Turn)	Heat	1 / 9	10:52 am
131	Int Women - W6 500 (Turn)	Heat	2 / 9	11:00 am
132	Int Women - W6 500 (Turn)	Heat	3 / 9	11:08 am
133	Int Men - W12 500	Final		11:16 am
134	Int Women - W6 500 (Turn)	Heat	4 / 9	11:23 am
135	Int Women - W6 500 (Turn)	Heat	5 / 9	11:31 am
136	J16 Men - W12 500	Heat	1 / 2	11:39 am
137	Int Women - W6 500 (Turn)	Heat	6 / 9	11:45 am
138	Int Women - W6 500 (Turn)	Heat	7 / 9	11:53 am
139	J16 Men - W12 500	Heat	2 / 2	12:01 pm See Race 148
140	Int Women - W6 500 (Turn)	Heat	8 / 9	12:07 pm
141	Int Women - W6 500 (Turn)	Heat	9 / 9	12:15 pm See Race 156
142	Int Men - W6 500 (Turn)	Heat	1 / 9	12:23 pm
143	Int Men - W6 500 (Turn)	Heat	2 / 9	12:31 pm
144	Int Men - W6 500 (Turn)	Heat	3 / 9	12:39 pm
145	Int Men - W6 500 (Turn)	Heat	4 / 9	12:47 pm
146	Int Men - W6 500 (Turn)	Heat	5 / 9	12:55 pm
147	Int Men - W6 500 (Turn)	Heat	6 / 9	1:03 pm
148	J16 Men - W12 500	Final		1:11 pm

SCHEDULE - ALL DAYS

Tue, 13 Jan 2026

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
149	Int Men - W6 500 (Turn)	Heat	7 / 9	1:17 pm	
150	Int Men - W6 500 (Turn)	Heat	8 / 9	1:25 pm	
151	Int Men - W6 500 (Turn)	Heat	9 / 9	1:33 pm	See Race 158
152	J16 Women - W6 1000	Semi	1 / 2	1:41 pm	
153	J16 Women - W6 1000	Semi	2 / 2	1:50 pm	See Race 160
154	J16 Men - W6 1000	Semi	1 / 2	1:59 pm	
155	J16 Men - W6 1000	Semi	2 / 2	2:08 pm	See Race 161
156	Int Women - W6 500 (Turn)	Semi	1 / 2	2:17 pm	
157	Int Women - W6 500 (Turn)	Semi	2 / 2	2:25 pm	See Race 162
158	Int Men - W6 500 (Turn)	Semi	1 / 2	2:33 pm	
159	Int Men - W6 500 (Turn)	Semi	2 / 2	2:41 pm	See Race 163
160	J16 Women - W6 1000	Final		2:49 pm	
161	J16 Men - W6 1000	Final		2:58 pm	
162	Int Women - W6 500 (Turn)	Final		3:07 pm	
163	Int Men - W6 500 (Turn)	Final		3:15 pm	
	Prizegiving				



SCHEDULE - ALL DAYS

Wed, 14 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
164	Int Men - W1 500	Heat	1 / 3	7:00 am	
165	Int Men - W1 500	Heat	2 / 3	7:05 am	
166	Int Men - W1 500	Heat	3 / 3	7:10 am	See Race 219
167	Int Women - W1 500	Heat	1 / 3	7:15 am	
168	Int Women - W1 500	Heat	2 / 3	7:22 am	
169	Int Women - W1 500	Heat	3 / 3	7:29 am	See Race 217
170	J16 Men - W1 500	Heat	1 / 3	7:36 am	
171	J16 Men - W1 500	Heat	2 / 3	7:42 am	
172	J16 Men - W1 500	Heat	3 / 3	7:48 am	See Race 222
173	J16 Women - W1 500	Heat	1 / 3	7:54 am	
174	J16 Women - W1 500	Heat	2 / 3	8:00 am	
175	J16 Women - W1 500	Heat	3 / 3	8:06 am	See Race 224
176	J19 Men - W1 500	Heat	1 / 3	8:12 am	
177	J19 Men - W1 500	Heat	2 / 3	8:17 am	
178	J19 Men - W1 500	Heat	3 / 3	8:22 am	See Race 226
179	J19 Women - W1 500	Heat	1 / 3	8:27 am	
180	J19 Women - W1 500	Heat	2 / 3	8:32 am	
181	J19 Women - W1 500	Heat	3 / 3	8:37 am	See Race 228
182	U23 Men - W1 500	Heat	1 / 2	8:42 am	
183	U23 Men - W1 500	Heat	2 / 2	8:47 am	See Race 258
184	U23 Women - W1 500	Heat	1 / 2	8:52 am	
185	U23 Women - W1 500	Heat	2 / 2	8:57 am	See Race 259
186	Gld Master Men - W1 500	Heat	1 / 3	9:02 am	
187	Gld Master Men - W1 500	Heat	2 / 3	9:09 am	
188	Gld Master Men - W1 500	Heat	3 / 3	9:16 am	See Race 230
189	Gld Master Women - W1 500	Heat	1 / 3	9:23 am	
190	Gld Master Women - W1 500	Heat	2 / 3	9:30 am	
191	Gld Master Women - W1 500	Heat	3 / 3	9:37 am	See Race 232
192	Snr Master Men - W1 500	Heat	1 / 3	9:44 am	
193	Snr Master Men - W1 500	Heat	2 / 3	9:49 am	
194	Snr Master Men - W1 500	Heat	3 / 3	9:54 am	See Race 234
195	Snr Master Women - W1 500	Heat	1 / 3	9:59 am	
196	Snr Master Women - W1 500	Heat	2 / 3	10:04 am	
197	Snr Master Women - W1 500	Heat	3 / 3	10:09 am	See Race 236
198	Master Men - W1 500	Heat	1 / 3	10:14 am	
199	Master Men - W1 500	Heat	2 / 3	10:20 am	
200	Master Men - W1 500	Heat	3 / 3	10:26 am	See Race 238
201	Master Women - W1 500	Heat	1 / 3	10:32 am	
202	Master Women - W1 500	Heat	2 / 3	10:38 am	
203	Master Women - W1 500	Heat	3 / 3	10:44 am	See Race 240
204	Premier Men - W1 500	Heat	1 / 3	10:50 am	
205	Premier Men - W1 500	Heat	2 / 3	10:55 am	
206	Premier Men - W1 500	Heat	3 / 3	11:00 am	See Race 242
207	Premier Women - W1 500	Heat	1 / 3	11:05 am	

**SCHEDULE - ALL DAYS****Wed, 14 Jan 2026**

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
208	Premier Women - W1 500	Heat	2 / 3	11:10 am	
209	Premier Women - W1 500	Heat	3 / 3	11:15 am	See Race 244
210	Master 70 Men - W1 500	Heat	1 / 2	11:20 am	
211	Master 70 Men - W1 500	Heat	2 / 2	11:27 am	See Race 246
212	Master 70 Women - W1 500	Heat	1 / 2	11:34 am	
213	Master 70 Women - W1 500	Heat	2 / 2	11:41 am	See Race 247
214	Master 75 Men - W1 500	Heat	1 / 1	11:48 am	See Race 248
215	Master 75 Women - W1 500	Heat	1 / 1	11:55 am	See Race 249
216	Master 80 Men - W1 250	Heat	1 / 1	12:02 pm	See Race 250
217	Int Women - W1 500	Semi	1 / 2	12:09 pm	
218	Int Women - W1 500	Semi	2 / 2	12:16 pm	See Race 253
219	Int Men - W1 500	Semi	1 / 2	12:23 pm	
220	Int Men - W1 500	Semi	2 / 2	12:28 pm	See Race 252
	200m startline				
221	Adaptive Men (VL2/3/4) W1 200	St. Final		12:33 pm	
	500m startline				
222	J16 Men - W1 500	Semi	1 / 2	12:38 pm	
223	J16 Men - W1 500	Semi	2 / 2	12:44 pm	See Race 254
224	J16 Women - W1 500	Semi	1 / 2	12:50 pm	
225	J16 Women - W1 500	Semi	2 / 2	12:56 pm	See Race 255
226	J19 Men - W1 500	Semi	1 / 2	1:02 pm	
227	J19 Men - W1 500	Semi	2 / 2	1:07 pm	See Race 256
228	J19 Women - W1 500	Semi	1 / 2	1:12 pm	
229	J19 Women - W1 500	Semi	2 / 2	1:17 pm	See Race 257
230	Gld Master Men - W1 500	Semi	1 / 2	1:22 pm	
231	Gld Master Men - W1 500	Semi	2 / 2	1:29 pm	See Race 260
232	Gld Master Women - W1 500	Semi	1 / 2	1:36 pm	
233	Gld Master Women - W1 500	Semi	2 / 2	1:43 pm	See Race 261
234	Snr Master Men - W1 500	Semi	1 / 2	1:50 pm	
235	Snr Master Men - W1 500	Semi	2 / 2	1:55 pm	See Race 262
236	Snr Master Women - W1 500	Semi	1 / 2	2:00 pm	
237	Snr Master Women - W1 500	Semi	2 / 2	2:05 pm	See Race 263
238	Master Men - W1 500	Semi	1 / 2	2:10 pm	
239	Master Men - W1 500	Semi	2 / 2	2:16 pm	See Race 264
240	Master Women - W1 500	Semi	1 / 2	2:22 pm	
241	Master Women - W1 500	Semi	2 / 2	2:28 pm	See Race 265
242	Premier Men - W1 500	Semi	1 / 2	2:34 pm	
243	Premier Men - W1 500	Semi	2 / 2	2:39 pm	See Race 266
244	Premier Women - W1 500	Semi	1 / 2	2:44 pm	
245	Premier Women - W1 500	Semi	2 / 2	2:49 pm	See Race 267
246	Master 70 Men - W1 500	Final		2:54 pm	
247	Master 70 Women - W1 500	Final		3:01 pm	
248	Master 75 Men - W1 500	Final		3:08 pm	
249	Master 75 Women - W1 500	Final		3:15 pm	

SCHEDULE - ALL DAYS

Wed, 14 Jan 2026

RACE	EVENT	ROUND	EST. START	PROGRESSIONS
250	Master 80 Men - W1 250	Final	3:22 pm	
251	Adaptive Men (VL2/3/4) - W1 500	St. Final	3:29 pm	
252	Int Men - W1 500	Final	3:34 pm	
253	Int Women - W1 500	Final	3:39 pm	
254	J16 Men - W1 500	Final	3:46 pm	
255	J16 Women - W1 500	Final	3:52 pm	
256	J19 Men - W1 500	Final	3:58 pm	
257	J19 Women - W1 500	Final	4:03 pm	
258	U23 Men - W1 500	Final	4:08 pm	
259	U23 Women - W1 500	Final	4:13 pm	
260	Gld Master Men - W1 500	Final	4:18 pm	
261	Gld Master Women - W1 500	Final	4:25 pm	
262	Snr Master Men - W1 500	Final	4:32 pm	
263	Snr Master Women - W1 500	Final	4:37 pm	
264	Master Men - W1 500	Final	4:42 pm	
265	Master Women - W1 500	Final	4:48 pm	
266	Premier Men - W1 500	Final	4:54 pm	
267	Premier Women - W1 500	Final	4:59 pm	
	Prizegiving			



SCHEDULE - ALL DAYS

Thu, 15 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
268	Snr Master Men - W6 500	Heat	1 / 3	7:30 am	
269	Premier Women - W12 500	Heat	1 / 4	7:36 am	
270	Snr Master Men - W6 500	Heat	2 / 3	7:42 am	
271	Snr Master Men - W6 500	Heat	3 / 3	7:48 am	See Race 375
272	Premier Women - W12 500	Heat	2 / 4	7:54 am	
273	Snr Master Women - W6 500	Heat	1 / 3	8:00 am	
274	Snr Master Women - W6 500	Heat	2 / 3	8:06 am	
275	Premier Women - W12 500	Heat	3 / 4	8:12 am	
276	Snr Master Women - W6 500	Heat	3 / 3	8:18 am	See Race 415
277	Gld Master Men - W6 500	Heat	1 / 2	8:24 am	
278	Premier Women - W12 500	Heat	4 / 4	8:30 am	See Race 347
279	Gld Master Men - W6 500	Heat	2 / 2	8:36 am	See Race 451
280	Gld Master Women - W6 500	Heat	1 / 2	8:42 am	
281	Master Women - W12 500	Heat	1 / 2	8:48 am	
282	Gld Master Women - W6 500	Heat	2 / 2	8:54 am	See Race 452
283	Premier Men - W6 500	Heat	1 / 4	9:00 am	
284	Master Women - W12 500	Heat	2 / 2	9:06 am	See Race 323
285	Premier Men - W6 500	Heat	2 / 4	9:12 am	
286	Premier Men - W6 500	Heat	3 / 4	9:18 am	
287	Snr Master Men - W12 500	Heat	1 / 2	9:24 am	
288	Premier Men - W6 500	Heat	4 / 4	9:30 am	See Race 404
289	Master (70) Women - W6 500	Heat	1 / 1	9:36 am	See Race 450
290	Snr Master Men - W12 500	Heat	2 / 2	9:42 am	See Race 391
291	Master (70) Men - W6 500	Heat	1 / 1	9:48 am	See Race 449
292	Premier Women - W6 500	Heat	1 / 5	9:54 am	
293	Snr Master Women - W12 500	Heat	1 / 1	10:00 am	See Race 394
294	Premier Women - W6 500	Heat	2 / 5	10:06 am	
295	Premier Women - W6 500	Heat	3 / 5	10:12 am	
296	Gld Master Men - W12 500	Heat	1 / 1	10:18 am	See Race 413
297	Premier Women - W6 500	Heat	4 / 5	10:24 am	
298	Premier Women - W6 500	Heat	5 / 5	10:30 am	See Race 407
299	Gld Master Women - W12 500	Heat	1 / 1	10:36 am	See Race 372
300	J19 Women - W6 500	Heat	1 / 3	10:42 am	
301	J19 Women - W6 500	Heat	2 / 3	10:48 am	
302	Master Men - W12 500	Heat	1 / 1	10:54 am	See Race 353
303	J19 Women - W6 500	Heat	3 / 3	11:00 am	See Race 373
304	J19 Men - W6 500	Heat	1 / 3	11:06 am	
305	Master (70) Men - W12 500	Heat	1 / 1	11:12 am	See Race 377
306	J19 Men - W6 500	Heat	2 / 3	11:18 am	
307	J19 Men - W6 500	Heat	3 / 3	11:24 am	See Race 410
308	Master (70) Women - W12 500	Heat	1 / 1	11:30 am	See Race 380
309	Master Women - W6 500	Heat	1 / 3	11:36 am	
310	Master Women - W6 500	Heat	2 / 3	11:42 am	
311	Master Women - W6 500	Heat	3 / 3	11:48 am	See Race 412



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Thu, 15 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
312	J19 Men - W12 500	Heat	1 / 2	11:54 am	
313	Master Men - W6 500	Heat	1 / 3	12:00 pm	
314	Master Men - W6 500	Heat	2 / 3	12:06 pm	
315	J19 Men - W12 500	Heat	2 / 2	12:12 pm	See Race 400
316	Master Men - W6 500	Heat	3 / 3	12:18 pm	See Race 401
317	Gld Master Men - W6 1000	Heat	1 / 3	12:24 pm	
318	J19 Women - W12 500	Heat	1 / 1	12:33 pm	See Race 364
319	Gld Master Men - W6 1000	Heat	2 / 3	12:39 pm	
320	Gld Master Men - W6 1000	Heat	3 / 3	12:48 pm	See Race 396
321	Snr Master Women - W6 1000	Heat	1 / 4	12:57 pm	
322	Snr Master Women - W6 1000	Heat	2 / 4	1:06 pm	
323	Master Women - W12 500	Final		1:15 pm	
324	Snr Master Women - W6 1000	Heat	3 / 4	1:21 pm	
325	Snr Master Women - W6 1000	Heat	4 / 4	1:30 pm	See Race 420
326	Master (75) Women - W6 500 (Turn)	Heat	1 / 1	1:39 pm	See Race 436
327	Premier Men - W12 500	Heat	1 / 4	1:48 pm	
328	Master (70) Women - W6 500 (Turn)	Heat	1 / 1	1:54 pm	See Race 435
329	Master (70) Men - W6 500 (Turn)	Heat	1 / 2	2:03 pm	
330	Premier Men - W12 500	Heat	2 / 4	2:12 pm	
331	Master (70) Men - W6 500 (Turn)	Heat	2 / 2	2:18 pm	See Race 434
332	Snr Master Men - W6 1000	Heat	1 / 4	2:27 pm	
333	Premier Men - W12 500	Heat	3 / 4	2:36 pm	
334	Snr Master Men - W6 1000	Heat	2 / 4	2:42 pm	
335	Snr Master Men - W6 1000	Heat	3 / 4	2:51 pm	
336	Premier Men - W12 500	Heat	4 / 4	3:00 pm	See Race 358
337	Snr Master Men - W6 1000	Heat	4 / 4	3:06 pm	See Race 418
	250m startline				
338	J19 Men Dash - W1 250	St. Final		3:15 pm	
339	J19 Women Dash - W1 250	St. Final		3:25 pm	
340	Premier Women Dash - W1 250	St. Final		3:35 pm	
341	Premier Men Dash - W1 250	St. Final		3:45 pm	
342	Gld Master Women - W6 1000	Heat	1 / 2	3:55 pm	
343	Premier Women Regional - W12 500	St. Final		4:04 pm	
344	Gld Master Women - W6 1000	Heat	2 / 2	4:14 pm	See Race 440
345	Premier Men Regional - W12 500	St. Final		4:23 pm	
	Prizegiving				



SCHEDULE - ALL DAYS

Fri, 16 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
346	J19 Men - W6 1000	Heat	1 / 5	7:30 am	
347	Premier Women - W12 500	Semi	1 / 2	7:39 am	
348	J19 Men - W6 1000	Heat	2 / 5	7:45 am	
349	J19 Men - W6 1000	Heat	3 / 5	7:54 am	
350	Premier Women - W12 500	Semi	2 / 2	8:03 am	See Race 369
351	J19 Men - W6 1000	Heat	4 / 5	8:09 am	
352	J19 Men - W6 1000	Heat	5 / 5	8:18 am	See Race 424
353	Master Men - W12 500	Final		8:27 am	
354	J19 Women - W6 1000	Heat	1 / 4	8:33 am	
355	J19 Women - W6 1000	Heat	2 / 4	8:42 am	
356	J19 Women - W6 1000	Heat	3 / 4	8:51 am	
357	J19 Women - W6 1000	Heat	4 / 4	9:00 am	See Race 422
358	Premier Men - W12 500	Semi	1 / 2	9:09 am	
359	Master Women - W6 1000	Heat	1 / 5	9:15 am	
360	Master Women - W6 1000	Heat	2 / 5	9:24 am	
361	Premier Men - W12 500	Semi	2 / 2	9:33 am	See Race 417
362	Master Women - W6 1000	Heat	3 / 5	9:39 am	
363	Master Women - W6 1000	Heat	4 / 5	9:48 am	
364	J19 Women - W12 500	Final		9:57 am	
365	Master Women - W6 1000	Heat	5 / 5	10:03 am	See Race 428
366	Master Men - W6 1000	Heat	1 / 4	10:12 am	
367	Master Men - W6 1000	Heat	2 / 4	10:21 am	
368	Master Men - W6 1000	Heat	3 / 4	10:30 am	
369	Premier Women - W12 500	Final		10:39 am	
370	Master Men - W6 1000	Heat	4 / 4	10:45 am	See Race 426
371	Adaptive Mixed - W6 500 (Turn)	Final		10:54 am	
372	Gld Master Women - W12 500	Final		11:00 am	
373	J19 Women - W6 500	Semi	1 / 2	11:06 am	
374	J19 Women - W6 500	Semi	2 / 2	11:12 am	See Race 456
375	Snr Master Men - W6 500	Semi	1 / 2	11:18 am	
376	Snr Master Men - W6 500	Semi	2 / 2	11:24 am	See Race 453
377	Master (70) Men - W12 500	Final		11:30 am	
378	Premier Men - W6 1500	Heat	1 / 5	11:36 am	
379	Premier Men - W6 1500	Heat	2 / 5	11:48 am	
380	Master (70) Women - W12 500	Final		12:00 pm	
381	Premier Men - W6 1500	Heat	3 / 5	12:06 pm	
382	Premier Men - W6 1500	Heat	4 / 5	12:18 pm	
383	Corporate Challenge W12 250m	Heat	1 / 3	12:30 pm	
384	Premier Men - W6 1500	Heat	5 / 5	12:36 pm	See Race 430
385	Corporate Challenge W12 250m	Heat	2 / 3	12:48 pm	
386	Premier Women - W6 1500	Heat	1 / 7	12:54 pm	
387	Premier Women - W6 1500	Heat	2 / 7	1:06 pm	
388	Corporate Challenge W12 250m	Heat	3 / 3	1:18 pm	See Race 403
389	Premier Women - W6 1500	Heat	3 / 7	1:24 pm	

SCHEDULE - ALL DAYS

Fri, 16 Jan 2026

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
390	Premier Women - W6 1500	Heat	4 / 7	1:36 pm	
391	Snr Master Men - W12 500	Final		1:48 pm	
392	Premier Women - W6 1500	Heat	5 / 7	1:54 pm	
393	Premier Women - W6 1500	Heat	6 / 7	2:06 pm	
394	Snr Master Women - W12 500	Final		2:18 pm	
395	Premier Women - W6 1500	Heat	7 / 7	2:24 pm	See Race 432
396	Gld Master Men - W6 1000	Semi	1 / 2	2:36 pm	
397	Gld Master Men - W6 1000	Semi	2 / 2	2:45 pm	See Race 439
398	Master (75) Women - W6 500	Heat	1 / 1	2:54 pm	See Race 448
399	Adaptive Mixed - W6 500	St. Final		3:00 pm	
400	J19 Men - W12 500	Final		3:10 pm	
401	Master Men - W6 500	Semi	1 / 2	3:16 pm	
402	Master Men - W6 500	Semi	2 / 2	3:22 pm	See Race 457
403	Corporate Challenge W12 250m	Bowl Final		3:28 pm	See Race 406
404	Premier Men - W6 500	Semi	1 / 2	3:34 pm	
405	Premier Men - W6 500	Semi	2 / 2	3:40 pm	See Race 460
406	Corporate Challenge W12 250m	Plate Final		3:46 pm	See Race 409
407	Premier Women - W6 500	Semi	1 / 2	3:52 pm	
408	Premier Women - W6 500	Semi	2 / 2	3:58 pm	See Race 461
409	Corporate Challenge W12 250m	Champ Final		4:04 pm	
410	J19 Men - W6 500	Semi	1 / 2	4:10 pm	
411	J19 Men - W6 500	Semi	2 / 2	4:16 pm	See Race 455
412	Master Women - W6 500	Semi	1 / 2	4:22 pm	
413	Gld Master Men - W12 500	Final		4:28 pm	
414	Master Women - W6 500	Semi	2 / 2	4:34 pm	See Race 458
415	Snr Master Women - W6 500	Semi	1 / 2	4:40 pm	
416	Snr Master Women - W6 500	Semi	2 / 2	4:46 pm	See Race 454
417	Premier Men - W12 500	Final		4:52 pm	

Prizegiving incl Corporate Teams

SCHEDULE - ALL DAYS

Sat, 17 Jan 2026

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
418	Snr Master Men - W6 1000	Semi	1 / 2	8:00 am	
419	Snr Master Men - W6 1000	Semi	2 / 2	8:09 am	See Race 437
420	Snr Master Women - W6 1000	Semi	1 / 2	8:18 am	
421	Snr Master Women - W6 1000	Semi	2 / 2	8:27 am	See Race 438
422	J19 Women - W6 1000	Semi	1 / 2	8:36 am	
423	J19 Women - W6 1000	Semi	2 / 2	8:45 am	See Race 444
424	J19 Men - W6 1000	Semi	1 / 2	8:54 am	
425	J19 Men - W6 1000	Semi	2 / 2	9:03 am	See Race 443
426	Master Men - W6 1000	Semi	1 / 2	9:12 am	
427	Master Men - W6 1000	Semi	2 / 2	9:21 am	See Race 441
428	Master Women - W6 1000	Semi	1 / 2	9:30 am	
429	Master Women - W6 1000	Semi	2 / 2	9:39 am	See Race 442
430	Premier Men - W6 1500	Semi	1 / 2	9:48 am	
431	Premier Men - W6 1500	Semi	2 / 2	10:00 am	See Race 446
432	Premier Women - W6 1500	Semi	1 / 2	10:12 am	
433	Premier Women - W6 1500	Semi	2 / 2	10:24 am	See Race 447
Turn finals					
434	Master (70) Men - W6 500 (Turn)	Final		10:36 am	
435	Master (70) Women - W6 500 (Turn)	Final		10:45 am	
436	Master (75) Women - W6 500 (Turn)	Final		10:54 am	
437	Snr Master Men - W6 1000	Final		11:03 am	
438	Snr Master Women - W6 1000	Final		11:12 am	
439	Gld Master Men - W6 1000	Final		11:21 am	
440	Gld Master Women - W6 1000	Final		11:30 am	
441	Master Men - W6 1000	Final		11:39 am	
442	Master Women - W6 1000	Final		11:48 am	
443	J19 Men - W6 1000	Final		11:57 am	
444	J19 Women - W6 1000	Final		12:06 pm	
445	Adaptive Elite Mixed - 1000m (Turn)	St. Final		12:15 pm	
446	Premier Men - W6 1500	Final		12:24 pm	
447	Premier Women - W6 1500	Final		12:36 pm	
500m finals					
448	Master (75) Women - W6 500	Final		12:48 pm	
449	Master (70) Men - W6 500	Final		12:54 pm	
450	Master (70) Women - W6 500	Final		1:00 pm	
451	Gld Master Men - W6 500	Final		1:06 pm	
452	Gld Master Women - W6 500	Final		1:12 pm	
453	Snr Master Men - W6 500	Final		1:18 pm	
454	Snr Master Women - W6 500	Final		1:24 pm	
455	J19 Men - W6 500	Final		1:30 pm	
456	J19 Women - W6 500	Final		1:36 pm	
457	Master Men - W6 500	Final		1:42 pm	
458	Master Women - W6 500	Final		1:48 pm	
459	Adaptive Elite Mixed - 500m	St. Final		1:54 pm	



SCHEDULE - ALL DAYS

Sat, 17 Jan 2026



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
460	Premier Men - W6 500	Final	2:02 pm	
461	Premier Women - W6 500	Final	2:08 pm	
	Final Prizegiving			